

Guru Maharaj in Sahaja Samadhi

*Anecdote on Swami Purushottamananda Maharaj
Narrated by Swami Shantananda Puri Maharaj*



Guru Maharaj in Sahaja Samadhi

This is an unforgettable scene of 1958 that happened in presence of my Gurudev in Vasishtha Guha, a remote place in the Himalayas.

My Gurudev, Swami Purushottamanandji Maharaj, was living there in Vasishtha Guha at Gullar Dogi since about 1928. In 1958, a scientist couple from the United States of America, came over there to meet my Gurudev along with a machine innovated by them for detecting if a person is in the real Samadhi state or not. The machine consisted of three meters:

- One representing the waking state
- Second representing the sleeping state and
- Third representing the dream state

All these three meters were joined together with terminals that could be wound round the person in Samadhi.

When the machine is put on a person who is fully awake and engaged in activity, the first meter shows 100 reading [as all the meters are calibrated from 0 to 100 with a needle] and similarly when he is asleep, the respective meter shows 100 and the rest shows 0.

Thus if it is found that all the meters show 0, that would mean that he is neither awake, nor sleeping and nor dreaming. What could be the state? This can be only the turiya state, called the Samadhi state or superconscious state where the person is unaware of the world or the body.

My Gurudev first discouraged them by asking them, "Why didn't you go to Haridwar and Rishikesh where there were 100s of sanyasis?" Gurudev remarked that he did not want to play with those machines. The foreigners refused to be discouraged and travelled from Rishikesh to see Gurudev. After about 3-4 days, while sitting in the terrace, along with various devotees who had come from various places, suddenly my Gurudev turned towards the foreign couple and asked them, "Have you brought your toy?"

The couple went down where they had kept the machine and brought it to the terrace and wound it around the body of my Gurudev requesting him to meditate and ultimately go into Samadhi. My Gurudev continued talking to the devotees. The foreign couple were visibly annoyed and told my Gurudev "Shut your eyes and go into meditation, please!" My Gurudev quipped back "Aye, have you seen your meters? See them first." When they saw the meters, to their astonishment, they found that all the meters showed zero. They again asked my Gurudev, "Swamiji, how is it that without shutting your eyes and going into meditation you have gone into Samadhi state? While you are talking, how can you be in Samadhi state at all?" Gurudev laughed and told them, "You people are ignorant of a state called the natural Samadhi state (Sahaja Samadhi) where while talking, walking, eating, and at all times one can be in the Samadhi state and still be engaged in worldly activities."

Again my Gurudev asked them, "Aye, have you seen these meters properly, man. Come on, see your meters." Well, they saw the meters, all the three meters showed 100 each. This meant that that he was simultaneously in waking state, in sleeping state and in also in the dream state, which is an impossible feat for anybody. Again with astonishment the asked my Gurudev, "Swamiji, what is all this magic you are showing us?" Gurudev again laughed and told them, "You cannot catch that atman in any of your instruments. It is a foolish venture. You are all an infinitesimal part of that Atman or the Self." He removed all the wires and told them, "Do not try to do all these circus feats. Do your meditation properly under the guidance of a competent Guru and reach Him when you can know everything."

**** Hari Om****

Website: <http://www.swamishantanandapurimaharaj.org/>